Course Proposal: New Course

1. Course prefix and number: NUR 357

2. Effective Year/Term: Fall 2012

3. CIP CODE/10 digit program code: 51.3801.00

4. Short Course Title: Nutrition for Nursing Practice

5. Enter course description exactly as it will appear in the general/graduate bulletin.

This course provides an opportunity for students to apply nutrition in practice. Emphasis is on the nutrition throughout the lifespan, the role of nutrients, & their effects in disease. The focus is improving nutritional health promotion practices with clients & implementing nutritional education for disease processes.

6. Prerequisites: None

7. College: Sciences & Mathematics

8. Department Teaching Course: School of Nursing

9. Credit Hours:

Maximum: 2 Minimum: 2 Maximum Hours counted toward degree: 2

10. Maximum contact hours each week fall semester Lecture: 2 Lab: 0 Other: 0

11. May this course be taken more than one time each semester: No

12. Grade Type: Regular: A-F

13. Instruction Type: Lecture, discussion boards, readings, internet exploration

14. Will this course require additional library resources: Yes; database usage, computer assisted instruction, web-based testing

15. Does this course replace a course on the current/previously listed inventory: No

16. If Yes list the prefix and number: If not applicable enter N/A: N/A

17. What is the primary reason you are proposing this course?

Topic not currently offered in SON as a prescribed elective.

18. Describe the place of the proposed course within your current curriculum. Will it be elective or required? Part of a major or a minor?

Not in current curriculum; prescribed nursing elective for nursing majors

19. How does the proposed course differ from similar courses being offered at Stephen F. Austin?

Prescribed Nursing Elective; in depth study of nutrition and nursing implementation

20. Syllabus: Course Learning Goals

List course objectives; describe what students who complete the course will know or be able to do.

1. Examine the role of nutrition in nursing practice.
2. Incorporate guidelines for healthy eating and nutrition for the lifespan.
3. Implement nutritional education for patients with various disease processes in clinical practice.
4. Evaluate oral, enteral, and parenteral nutrition diets.
5. Assess cultural and religious influences on food and nutrition.

21. Syllabus: Course Outline

List the topics that the proposed course will cover and indicate the approximate proposed amount of time to be devoted to each, either by percent of course time or number of weeks. Please indicate which topics will be required in all sections of the course and which may vary.

1 wk each unless noted

The role of nutrition in nursing

Nutrients & energy balance

lifespan

Cultural and religion

Obesity

Special diets

Nutrition for specific disease process- 8 wks

22. Syllabus: Proposed Textbook/Assigned Reading Materials for course

Assigned readings

Dept. Chair \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

College Curriculum Chair \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

College Dean \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Grad Dean/Univ Curr Chair \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_