Primary Care Clinical I

**Course description**

This course provides students with the basis to assess, diagnose, and manage the care of the female patient, pediatric patient, and patient with psychosocial issues. The student will emphasize health promotion and disease prevention, as well as diagnosis and management of acute and chronic diseases. Culturally competent, holistic, ethical, age and gender specific care, as well as risk stratification will be discussed. Non-pharmacologic aspects of care will be addressed as well as the pharmacologic management designed to help clients achieve desired outcomes. Current evidence based practice as the basis for care management decision making is emphasized.

**Credit hours**

4 hours (4 didactic hours, 12 clinical hours)

**Course objectives**

Upon completion of this course, the student is expected to:

1. Assemble concepts and principles of the arts, sciences, humanities, and nursing in order to make advanced practice nursing decisions in relation to women, children, and patients with psychosocial issues.
2. Collaborate with the interdisciplinary healthcare team respecting holistic, socio-economic, spiritual, and ethno-culturally diverse characteristics of clients.
3. Synthesize responsibility and accountability using consistent behavior patterns and professional communication.
4. Incorporate evidenced based practice into the provision of advanced practice nursing care.
5. Integrate moral, ethical, economic, and legal issues into the provision of advanced practice nursing care to women, children, and patients with psychosocial issues.
6. Collaborate with patient and family to provide for health restoration, promotion, and maintenance in a cost effective manner.
7. Evaluate the need to refer patients to other resources.
8. Formulate differential diagnoses to promote health, prevent disease, and manage acute/chronic illness in women, children, and patients with psychosocial issues through applying knowledge from related disciplines and nursing.
9. Analyze existing protocols using established standards of care for intervention with patients.

**Topics :**

Women’s Health 21hrs

Pediatric Health 21 hrs

Patients with psychosocial issues 14 hrs

Specific topics included for our understanding:

Pre-pregnancy

Antepartum

Menopausal/Postmenopausal

Abuse, anxiety, situational stress

Anorexia/bulimia

Attention deficit disorders

Autism

Pediatric clients

 ENT

Respiratory

 Endocrine, obesity

 Cardiac

 Musculoskeletal

 Dermatology

 Immunizations/preventative care

 Urology

 Gastrointestinal